



M3

**YOUTH
RESOURCE
DIRECTORY**



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Disclaimer

The M³ Youth Resource Directory is a non-exhaustive compilation of information on opportunities, services and resources available for youths. We have made every effort to ensure the accuracy of the information contained within this publication - but makes no claims, promises or guarantees about the accuracy, completeness or adequacy of the information contained in, or linked to, the resources. Neither M³ nor any persons or agency acting on behalf of M³ may be held responsible for any use of the information contained therein. Should there be any concern with the accuracy of information published here, individuals are advised to seek independent verification of the data.

Preface

*“We cannot always build the future for our youth,
but we can build our youth for the future.”*

Franklin D Roosevelt

Youth are at the forefront of change. They are growing up in a time of rapid technologically-driven disruption and geopolitical shifts, which impacts their economic opportunities and confidence in the future.

Our Malay/Muslim youth are no different. Living in a globalised and digital age, it is important for our Malay/Muslim youth to develop resilience and readiness for the future, so they can pursue their aspirations and contribute to the community. But like all youth, the Malay/Muslim youth have to balance personal excellence, family obligations and community expectations amidst a myriad of uncertainties. In the struggle, they may not be aware of the multitude of opportunities and services that they can seize and leverage as they build their future.

The ***M³ Youth Resource Directory*** is a resource guide for youth, parents, educators and youth developers to access various services, opportunities and resources for youth at the different stages and spheres of their lives. The information listed is wide-ranging and varies depending on the life milestones or needs of the youth. This includes, but is not limited to, information on where to go for services relating to education, career and well-being, as well as opportunities and resources for youth to serve the community as mentors/volunteers, or apply for grants.

This directory aims to improve awareness of services and resources to equip and grow the knowledge and skills of our Malay/Muslim youth. It also provides them with information on the diverse opportunities for them to take action and contribute to society. With more awareness of and better access to opportunities, we hope that this will enable our youth to build new positive connections and networks that can help them to be more future-ready and encourage active citizenry as they transition through various life stages. This is key to building a resilient and adaptable Malay Muslim youth core, who are ready to tackle future challenges and contribute to Singapore’s progress.

The ***M³ Youth Resource Directory*** is intended to be a living document that will be continually updated with relevant information on youth, and be a useful and up-to-date resource for our youth in their life journey and for anyone who engages with youth. More importantly, we hope that the directory will encourage our Malay/Muslim youth to discover where and how they can serve as changemakers for community betterment and help to build a more caring and inclusive society.

Youth Knowledge Education (Pre-IHL)

1) Educational Financial Support

<p>Education Trust Fund (MENDAKI)</p>	<p>Financial assistance for educational purposes for Malay/Muslim students in secondary schools where existing financial assistance schemes are either unavailable or insufficient.</p>	<p>Learn more</p>
<p>LBKM Bursary (Lembaga Biasiswa Kenangan Maulud)</p>	<p>Financial assistance in the form of bursaries and scholarships for students in secondary schools/JCs/Pre-University.</p>	<p>Learn more</p>

2) Enrichment Lessons Support

<p>MENDAKI Tuition Scheme (MENDAKI)</p>	<p>The MENDAKI Tuition Scheme (MTS) aims to provide quality tuition at affordable rates to help students attain better results in their school and national examinations.</p> <p>With highly qualified tutors, students are engaged in a positive and enriching environment during MTS lessons.</p>	<p>Learn more</p>
<p>Collaborative Tuition Scheme (MENDAKI)</p>	<p>The Collaborative Tuition Programme (CTP) was introduced as part of a collaboration with other Self-Help Groups (SHGs).</p> <p>The scheme is jointly organised by the Chinese Development Assistance Council (CDAC), Eurasian Association (EA), Singapore Indian Development Association (SINDA) and Yayasan MENDAKI with the aim of boosting students' academic performance in English, mathematics and science.</p>	<p>Learn more</p>
<p>Free Tuition Program (Cape of Colours)</p>	<p>Cape of Colours strives to empower students from financially-challenged families living in Yishun through their Free Tuition Programme.</p> <p>They believe that a good education is integral to a child's future and seek to assist all needy students - regardless of their race or religion.</p>	<p>Learn more</p>

<p>Teens Alive (MUIS)</p>	<p>Teens Alive reinforces Islamic values and builds on students' existing knowledge of Islam. It also provides a platform for students to discuss Islamic perspectives on issues like identity, entertainment, relationships and other relevant topics that concern teens.</p>	<p>Learn more</p>
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Youth Knowledge Education (IHL)

1) Education Financial Support

<p>Tertiary Tuition Fund Subsidy (MENDAKI)</p>	<p>The Tertiary Tuition Fee Subsidy (TTFS) scheme, introduced in 1991, is an education subsidy for Malay students that covers their tuition fees at tertiary institutions.</p>	<p>Learn more</p>
<p>LBKM Pre-Diploma/ Poly Foundation/ Diploma Bursary (Lembaga Biasiswa Kenangan Maulud)</p>	<p>Financial assistance in the form of bursaries and scholarships for students in tertiary intuitions.</p>	<p>Learn more</p>
<p>LBKM Undergraduate/ Postgraduate Bursary (Lembaga Biasiswa Kenangan Maulud)</p>	<p>Financial assistance in the form of bursaries and scholarships for students in tertiary intuitions.</p>	<p>Learn more</p>
<p>MTFA Bursary (Muslimin Trust Fund Association)</p>	<p>MTFA awards bursaries to Muslim students from lower-income families who are pursuing tertiary education.</p>	<p>Learn more</p>

2) Enrichment Lessons Support

<p>Youth Alive (MUIS)</p>	<p>The Youth Alive programme provides a variety of modules for youths of different backgrounds and interests. It also gives youths with minimal or no formal background in Islamic education an opportunity to “catch up”.</p>	<p>Learn more</p>
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1) Educational Financial Support

<p>LBKM Undergraduate/ Postgraduate Bursary (Lembaga Biasiswa Kenangan Maulud)</p>	<p>Financial assistance in the form of bursaries and scholarships for young adults intending to pursue a degree/post-graduate programme.</p>	<p>Learn more</p>
<p>MUIS Postgraduate Scholarship (MUIS)</p>	<p>This scholarship aims to create more opportunities for deserving individuals to pursue further studies in areas relating to the study of Islamic and Muslim societies, increase the pool of local Muslim scholars and raise the quality of Islamic Studies graduates.</p>	<p>Learn more</p>

2) Enrichment Lessons Support

<p>ADIL SG (MUIS)</p>	<p>ADIL is an acronym for Adult Islamic Learning. The program is specially tailored for adult Muslim learners in Singapore and is designed to be relevant for their contemporary spiritual and intellectual needs.</p> <p>ADIL is offered in Malay and English to cater to the varied demands and needs of the Muslim community.</p>	<p>Learn more</p>
<p>Syukran.com</p>	<p>Syukran.com is an Islamic education platform for the busy modern Muslim. Students can learn at their own pace, at their own time, and on any device - as long as they are connected online.</p>	<p>Learn more</p>

Youth Knowledge Well-Being (Pre-IHL)

1) Mental Resilience

<p>SAMH Youth Reach (Singapore Association for Mental Health)</p>	<p>YouthReach provides psychosocial support and recovery programmes for youths (aged 13 to 21) with emotional, psychological and psychiatric issues in the community.</p> <p>The centre works with youths and their families, empowering them to achieve their goals while living in a safe, caring, and inclusive community.</p>	<p>Learn more</p>
<p>#YoungHUSH (Hush Teabar)</p>	<p>A youth impact movement that aims to instil mindfulness in youths, while addressing the rising concerns of stress and depression amongst youths.</p>	<p>Learn more</p>

2) Physical Resilience

<p>OBS Alumni</p>	<p>OBS, commonly known as Outward Bound Singapore, carries another meaning within the service community. It is fondly referred to as “Others Before Self”.</p> <p>The OBS Alumni aims to exemplify that meaning of “others before self” through a variety of community projects.</p>	<p>Learn more</p>
<p>Camp Empower</p>	<p>A camp designed to educate and empower youths to reach their full potential and build confidence through various sports.</p>	<p>Learn more</p>

Youth Knowledge Well-Being (IHL)

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<p>SAMH Youth Reach (Singapore Association for Mental Health)</p>	<p>YouthReach provides psychosocial support and recovery programmes for youths (aged 13 to 21) with emotional, psychological and psychiatric issues in the community.</p> <p>Our staff work with youths and their families to empower them to achieve their goals, while living in a safe, caring, and inclusive community.</p>	<p>Learn more</p>
<p>Peer Support by Youth Ambassadors (Campus Psy)</p>	<p>Peer Support aims to promote mental health awareness through advocacy, training, peer support and volunteering to youths and young adults in schools and workplaces.</p>	<p>Learn more</p>
<p>#YoungHUSH (Hush Teabar)</p>	<p>A youth impact movement that aims to instil mindfulness in youths, while addressing the rising concerns of stress and depression amongst youths.</p>	<p>Learn more</p>

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Youth Knowledge

Well-Being (Young Working Adults)

1) Mental Resilience

Mental Health Workplace Programmes (Health Promotion Board)	The Mental Health Workplace Programmes aim to equip employees and employers with the skills and knowledge needed to take charge of their mental well-being and create supportive environments in the workplace.	Learn more
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Youth Knowledge

Well-Being (All Youths)

1) Mental Resilience

CREST (Club Heal)	The Community Resource Engagement and Support Team (CREST) service is a community-based programme that serves as a community safety net - reaching out to those at risk of/with mental illnesses.	Learn more
CHAT Hub (Community Health Assessment Team)	CHAT Hub is a one-stop centre for mental health help and resources.	Learn more
The Your-Empowered-Self Initiative (Clarity Singapore)	<p>A platform for youths to be empowered through support and growth in their journey of living and leading purposeful lives.</p> <p>Through different activities, the YES Initiative aims to empower youths by providing a sense of purpose, ownership and self-efficacy.</p>	Learn more

2) Physical Resilience

Operation Broken Wing	Operation Broken Wing is a regional charity fitness event that aims to bring the CrossFit community together for a meaningful cause - raising funds for our forgotten youth.	Learn more
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Youth Knowledge Aspirations/Career (Pre-IHL)

1) Awareness Platforms

MySkillsFuture for Students	<p>MySkillsFuture for students is a one-stop platform that helps students to better understand themselves, their interests and strengths.</p> <p>Students can also use platform's information and tools to explore different educational and career pathways.</p>	Learn more
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Youth Knowledge Aspirations/Career (IHL)

1) Career Mentoring

Youth Career Network	<p>Initiated by Young NTUC, the Youth Career Network is a support network consisting of volunteer career coaches and career guides who have come together with a common desire to pay it forward.</p> <p>The Youth Career Network delivers the Young NTUC Career Discovery & Mentorship Programme that targets graduating students and first job seekers - providing them with the support and guidance needed to better navigate and plan their careers.</p>	Learn more
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<p>Todo Todo (Young NTUC)</p>	<p>Initiated in 2017, Todo Todo is an all-encompassing support for youth. Here, youths can find out what they want to do, what they have to do, and learn from what others have done, as they transition from students to professionals.</p> <p>Todo Todo gathers career profiling tools, the best minds in various industries, chances for networking with HR leaders, as well as mentorship and job opportunities.</p> <p>It is put together by individuals who have recently been through these changes themselves. It is made to be a real-life version of a “career compass”.</p>	<p>Learn more</p>
<p>Mentor Me (SINDA)</p>	<p>Mentor Me aims to help aspiring tertiary students achieve their educational and career goals with the guidance of suitable industry professionals as their mentors.</p> <p>Students may also receive opportunities to be connected with internships and job opportunities that are offered by supporting partners.</p>	<p>Learn more</p>

2) Awareness Platforms

<p>Future Of Series (MENDAKI)</p>	<p>An engagement platform with industry leaders to gain insights on future work landscapes.</p>	<p>Learn more</p>
<p>Next Stop Seminar (MENDAKI)</p>	<p>An annual platform for post-secondary and tertiary students to hear from professionals, experts and thought leaders on the Future Economy, as well as the various academic and career pathways available.</p>	<p>Learn more</p>
<p>Career Connections (MENDAKI Club)</p>	<p>A shared network of students and young professionals who are committed to seeing youths in the community build successful careers.</p>	<p>Learn more</p>
<p>Windows on Work (AMP)</p>	<p>A career exploration and discovery platform.</p>	<p>Learn more</p>
<p>talentribe.asia (TalentTribe)</p>	<p>TalentTribe is a career discovery platform that brings you a behind-the-scenes look into the company culture, office spaces and working lives of employees - even before jobseekers apply for a position.</p>	<p>Learn more</p>

Youth Knowledge

Aspirations/Career (Young Working Adults)

1) Training/Awareness Platforms

MySkillsFuture	This website helps Singaporeans plan their learning needs and keep their skills updated throughout their lives.	Learn more
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Youth Action

Volunteerism

1) Elderly

Youth Corps Singapore	Youth Corps Singapore provides volunteering opportunities for youths through ad-hoc, regular and project-based service projects - with a focus on reaching out to causes such as education, the environment, health, special needs, arts, sports and heritage.	Learn more
Touch Community Services	A multi-service organisation providing services that meet various levels of needs within the community.	Learn more
PERTAPIS	The principal activity of PERTAPIS is the running of welfare projects that are designed to address some of the social problems faced by the community.	Learn more
Sree Narayana Mission	One of the nation's leading charitable organisations, the Sree Narayana Mission operates a range of welfare programmes dedicated to helping the community at large.	Learn more
Muhammadiyah Health & Day Care Centre	Muhammadiyah Health & Day Care Centre (MHCC) is a non-profit organisation that provides community-based healthcare, day care and rehabilitation programmes for elderly persons who are suffering from post-stroke conditions, Parkinson's disease, post-amputation, arthritis and rheumatism.	Learn more

2) Children and Youth

Beyond Social Service	Beyond Social Services provides a nurturing environment for youths from less privileged families and neighbourhoods to help fend off delinquency and other potentially harmful behaviours.	Learn more
Muhammadiyah Welfare Home	<p>Muhammadiyah Welfare Home (MWH) is a children's home that provides shelter and 24/7 residential care and protection for boys between the ages of 10 and 19.</p> <p>Appointed by the Ministry of Social and Family Development (MSF) and gazetted under the Children and Young Persons Act Cap 38, the boys consist of those who are neglected, abused or homeless, are juvenile offenders and those beyond parental control. They are referred to the home by the MSF, courts and other social work agencies.</p>	Learn more
Touch Community Services	A multi-service organisation providing services to meet various levels of needs in the community.	Learn more
Make-A-Wish Foundation	An organisation that grants the wishes of children with life-threatening medical conditions, so as to enrich their lives with hope, strength and joy.	Learn more
Boys' Town	<p>A charity with key services including residential care, fostering services, youth outreach, adventure therapy, clinical intervention and family reunification.</p> <p>Boys' Town serves both boys and girls, from infants to young adults, who come from disadvantaged and disengaged families who may have faced various hardships such as financial struggles, abandonment and abuse.</p>	Learn more

3) Food Services

Back2Basics SG	Back2Basics provides basic needs to underprivileged families (regardless of race or religion) in Singapore. In their monthly charity drives, Back2Basics delivers groceries such as fruits and vegetables, rice, oil and bread to their beneficiaries.	Learn more
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Willing Hearts	<p>Willing Hearts operates a soup kitchen that prepares, cooks and distributes around 5,000 daily meals to over 40 locations island-wide, 365 days a year.</p> <p>Their beneficiaries include the elderly, the disabled, low income families, children from single parent families or otherwise poverty-stricken families, as well as migrant workers in Singapore.</p>	Learn more
Food from the Heart	A food distribution programme that reaches out to the less fortunate. Food for the Heart also distributes toys and organises birthday celebrations.	Learn more
Muslim Food Bank Community Services	A community-based organisation that provides food assistance and advocates self-reliance by providing case management, emotional support, youth development and capacity building.	Learn more

Youth Action Leadership Development

1) Community Leaders

Leaders Programme (Youth Corps Singapore)	An empowerment and training programme for volunteer youth leaders.	Learn more
Youth Expedition Project (Youth Corps Singapore)	A youth developmental programme that encourages issue-based learning among youths (aged 15 to 35 years old) through Community Service Learning projects - so as to nurture confident youths who are socially responsible and active citizens who can identify needs and contribute to the community, both at home and overseas.	Learn more

<p>Leadership Incubator (MENDAKI Club)</p>	<p>The Leadership Incubator Programme brings together young Muslim professionals from various backgrounds to look deeply at the state of society, and invites them on a journey to define their purpose and roles as young professionals and future leaders.</p> <p>The goal is to build a pipeline of young professionals who are inspired agents for community good, locally and globally.</p>	<p>Learn more</p>
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Youth Enablers Resources & Grants

1) Grants

<p>Young ChangeMakers (NYC)</p>	<p>This grant scheme supports youth-initiated projects that benefit Singapore's communities and society. It also empowers youths as decision makers to evaluate projects and mentor project applicants.</p>	<p>Learn more</p>
<p>CLF Labs Fund (Community Leaders Forum)</p>	<p>CLF LABS awards seed-funding to aspiring youths (aged 18 to 35 years old) who may need a platform to test their innovative ideas and/or to kickstart their projects - with the objective of enhancing the community's foundations.</p>	<p>Learn more</p>
<p>Do-Good Grant (Central Singapore CDC)</p>	<p>The Do-Good Grant was set up to provide funding support to help kick-start community initiatives and inspire the applicants to do more.</p>	<p>Learn more</p>
<p>Our Singapore Fund (MCCY)</p>	<p>Our Singapore Fund aims to support meaningful projects by passionate Singaporeans - projects that build national identity and/or meet social and community needs.</p>	<p>Learn more</p>
<p>Community Integration Fund (MCCY)</p>	<p>The Community Integration Fund (CIF) was launched by the National Integration Council (NIC) in September 2009 to support organisations in implementing ground-up integration initiatives.</p>	<p>Learn more</p>

<p>Youth Development Grant (MUIS)</p>	<p>This grant was founded to forge partnerships between mosques, schools, tertiary institutions and other organisations by supporting their developmental and outreach programmes and activities.</p> <p>Additionally, the grant also supports programmes and activities designed to increase knowledge, change attitudes, inculcate positive behaviours and enhance Islamic learning among kids and youths aged 5 to 24 years of age.</p>	<p>Learn more</p>
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2) Resources

<p>Yayasan MENDAKI Future-Ready Conversation Series Report (MENDAKI)</p>	<p>A ground sensing exercise conducted through a series of engagements between January to July 2016 with secondary and tertiary students in order to gauge Malay/Muslim youths' future-readiness.</p>	<p>Learn more</p>
<p>Youth Statistics In Brief (NYC)</p>	<p>Youth Statistics In Brief paints the big picture of the state of youth (aged 15 to 34) in Singapore. Some of the areas covered are: Population, Education, Employment, Marriage and Divorce, Health, Sports and Participation, Aspirations, as well as Civic Engagement.</p>	<p>Learn more</p>
<p>Learn Islam Singapore (MUIS)</p>	<p>Learnislam.sg seeks to empower the Muslim community with contextualised religious knowledge, ranging from information on where to find Halal eateries to queries on religious rituals and lifestyles.</p>	<p>Learn more</p>
<p>The Asatizah Youth Network AYN (MUIS)</p>	<p>The AYN comprises of dynamic religious teachers who are trained in digital media outreach, counselling and youth resilience work.</p> <p>The AYN can be reached via social media and drop-in centres at selected mosques. Muslims can also learn Islam from them (online) through engaging materials such as vlogs.</p>	<p>Learn more</p>

About M³

The M³ framework is a collaborative effort between three key community institutions, namely the Islamic Religious Council of Singapore (MUIS), MENDAKI and MESRA. Together, they leverage on each other's strengths to better serve the Malay/Muslim community. M³ aims to empower citizens by supporting the last-mile service delivery of social programmes for families in need, rallying the community to help each other, and collaborating with Malay/Muslim organisations and government agencies to address the community's challenges.

For further enquiries/clarifications,
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A collaboration between :

